



Royal privilege Lisbon

Preface

For a break from Bairro Alto take a shopping trip to the salubrious neighbourhood of Príncipe Real. The shops along Rua Dom Pedro V sell specialist Portuguese products and new businesses are quick to move in. There's also a park that's home to a farmers' market.

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Given its name, Lisbon's Príncipe Real neighbourhood – "Prince Royal" in English – enjoys a privileged position. Located up the hill from Bairro Alto and the bar-hopping crowds, the district is home to leafy squares and elegant residences, many offering panoramas of the city and the Tagus river. There are many independent retailers and particularly attractive are the shops on Rua Dom Pedro V, a street on the quarter's eastern fringe punctuated by colourful townhouses in crimson and pale yellow.

Named after a 19th-century Portuguese king, the 300m stretch of pavement boasts antique shops, a gourmet grocer, family pharmacist and a rather unconventional pub. Relatively flat (a godsend in a city of steep inclines) the street is run by shopkeepers who share a strong sense of community – they even throw the odd block party. "It's the most cosmopolitan place in the city," says Marcela Brunken, a Brazilian who runs Fabrico Infinito, a boutique with a garden café. "Before there were just



121



85



125



89



121



111



Ljubomir Stanisic
Executive chef,
100 Maneiras



Ricciarda Corallo
Claudio Corallo



Maurício Fernandes
Owner, Em Nome da Rosa



Maria Luisa
Owner, Cool de Sac

Shopping guide Top spots

Jardim do Príncipe Real

Held every Saturday in the park, this organic farmers' market is where residents can stock up on fresh fruit and vegetables, bread and olive oil.

No 56 Cool de Sac

Awash in pastels, Cool de Sac is the street's newcomer. Opened by Madrid native Maria Luisa Pries, the boutique sells womenswear and accessories, including ballerina flats from Paris brand Repetto and tops from Danish label Rützou.

No 68-70 Solar

Since 1956 the Leitão family has traded in antique tiles, from decorative plates to wall panels. Sourced from castles, churches and palaces, their vast collection ranges from 15th-century Islamic to 1930s Art Deco.

No 74 Fabrico Infinito

This eclectic space offers perfumes as well as one-off chandeliers in Bohemian and Venetian crystal designed by the shop's owner. There's even a tiny

outdoor café complete with meditation pool.

No 85 Manuel Castilho

A Lisbon antiques dealer that sells rare furniture made during the Portuguese reign in Goa. Other artefacts include Vietnamese ceramics, Burmese Buddha sculptures plus a number of European objets d'art.

No 89 Pavilhão Chinês

First-time visitors mistake this quirky bar for one of the local antique shops. Its five rooms are decorated with all things collectable (toy soldiers, model trains and teapots) but the drinks list is just as extensive. Open every night until 02.00.

No 97 Em Nome da Rosa

Madeira-born florist Maurício Fernandes moved in five years ago and has garnered praise for his floral arrangements, having decorated weddings, hotels and private homes. A fan of carnations, he prefers to work with varieties in white and green.

No 111 Sá & Leal

Fine food purveyor Sá & Leal stocks the shelves with risotto, foie gras and Parisian teas. The cellar is lined with a well-edited selection of wines, single malt whiskies and top of the line ports.

No 121 Doce Real

Started as a bakery in 1880, Doce Real now serves as the street's go-to café when locals need a pick-me-up espresso or a hot *pastel de nata* (custard tart). Its slim space is packed with customers of all ages at all hours of the day.

No 125 Farmácia Oliveira

Run by a third-generation chemist, the store carries traditional Portuguese brands including Confiança soap and Couto toothpaste. As a neighbourly touch, it home delivers to senior citizens.

No 35 (Rua do Teixeira) 100 Maneiras

Chef Ljubomir Stanisic relocated his restaurant to a back lane off Dom Pedro V in January to access a wider audience. His tasting menu offers an imaginative amuse-bouche and main courses reference Portuguese classics.

No 85 (Rua Cecilio de Sousa) Claudio Corallo

Just past the park, mother and daughter wait on customers eager to try the dense chocolate that comes from the family's plantation in São Tomé and Príncipe. Chocoholics will want to sample the house gelato.

No 167 (Rua Escola Politécnica) São Mamede

Focusing on modern art, the São Mamede gallery showcases top Portuguese painters and sculptors. Of particular interest are the subterranean exhibit rooms with arched ceilings, which are accessed via a spiral staircase.

No 71 (Rua S. Pedro de Alcântara) Biblarte

Portuguese poet Fernando Pessoa took siestas in this bookshop. Today, bibliophiles can find first editions of his work on the shelves next to rare tomes and atlases, all catalogued by 83-year-old owner, Ernesto Martins.